

Services

Congregate Meals:

Congregate meals are meals served at our Senior Dining Centers, located throughout the county. Seniors are encouraged to come and have meals while enjoying the company of friends.

Home Delivered Meals:

Meals are delivered by volunteer drivers, weekdays at approximately noon. Cold sack lunches and frozen meals are available to eligible seniors for evening and weekend dining.

Respite Care:

Respite Care Workers provide relief and time away for primary caregivers.

Homemaking Services:

Homemakers will assist clients with light housekeeping, meal preparation, laundry services and other related activities.



Personal Care:

Personal Care Workers assist clients with activities of daily living. This may include bathing, dressing, and grooming.

Case Coordination and Support:

Case Workers assist in evaluating the needs of clients and provide information on services available.

Caregiver Training:

This service is to provide support to family members and friends who are struggling to care for their loved ones that are ill or have disabilities.

Friendly Driver:

The Friendly Driver Program is a volunteer based program that provides low cost transportation to medical appointments for elderly community members.

Other Resources:

- ◆ Nutrition Education
- ◆ Information and Referral
- ◆ In-Home Support Services
- ◆ Handyman Matters Program
- ◆ File of Life

Service Costs:

Meals, Case Coordination, Homemaking, Personal Care and Respite Care Services are available to all seniors on a suggested contribution basis. No one will be denied services due to the lack of ability to pay.

Who Can Receive Services?

In-Home Services:

- ◆ Seniors who are 60 or over who need assistance with Respite Care, Personal Care, or Homemaking Services due to limited mobility or ability.

Home Delivered Meals:

- ◆ Anyone 60 years or over who is homebound with no means to get or prepare meals for themselves.
- ◆ A spouse of an eligible homebound senior who needs assistance with meals to help provide time to care for his or her spouse.

Congregate Meals:

- ◆ A Senior (or spouse when accompanied by a senior) who is 60 or over.
- ◆ A handicapped person residing in a high-rise where meals are being served to seniors.



Enjoy congregate meals at one of our Senior Dining Centers!

Senior Dining Centers In Gladwin County:

Antler Arms Senior Dining Center
8:00 a.m. - 1:30 p.m.
(Antler Arms High-rise)
215 S. Antler St.
Gladwin, MI
(989) 426-6951

Beaverton Senior Dining Center
9:30 a.m. - 1:30 pm.
(Beaverton Manor High-rise)
110 W. Knox St.
Beaverton, MI
(989) 435-7535

Billings Senior Dining Center
9:30 a.m. - 1:30 p.m.
(Billings Township Hall)
1050 Estey Rd.
Albright Shores, MI
(989) 435-8430 Ext. 5

Maple Senior Dining Center
9:30 a.m. - 1:30 p.m.
(Maple Manor High-rise)
130 W. Maple St.
Gladwin, MI
(989) 709-5013

Visit our website & Facebook to see the monthly menu.
Closed holidays. Inquire about weekend, holiday and evening meals.



Mission Statement

To stimulate, serve and assist older persons (60+), especially those at risk due to health and economic reasons, to achieve their desired independence and dignity through client advocacy, assessment and provision of needed service.



Volunteer Opportunities:

Council On Aging has a way for you to share your talents with area seniors. Here are just a couple of our volunteer opportunities:

- ⇒ Home Delivered Meal Driving
- ⇒ Medical Transportation
- ⇒ Friendly Visitors
- ⇒ Handyman Repairs
- ⇒ Kitchen Helper



Programs are funded in part by:

- * Region VII AAA & OSA
- * Gladwin Senior Services Millage
- * United Way of Clare/Gladwin
- * Program Contributions

Visit our Website
www.gladwincoa.org

Join us on Facebook 



215 S. Antler Street
Gladwin, MI 48624

**For Referrals for
Council on Aging Services,
Call: (989) 426-5450
TTY/Voice: 711**



COA is contracted by:

Gladwin City Housing Commission

Also Providing:
Housing for the Elderly
Low Income Family Housing
Gladwin City-County Transit

**Programs comply with
Title VI Civil Rights Act**

Council on Aging Reserves the right to limit any/all services based on availability.

Council On Aging

Serving Gladwin County

(989) 426-5450



- ◇ **In-Home Services**
- ◇ **Home Delivered Meals**
- ◇ **Dining Centers**
- ◇ **Volunteer Opportunities**
- ◇ **Caregiver Training & Support**
- ◇ **Friendly Driver**